



Capital Region Nordic Alliance-This-Abled Sports Safe Sport Statement June 2025

Engaging in sport should be an opportunity for all persons affiliated with Capital Region Nordic Alliance-This-Abled Sports (CRNA-TAS): athletes, volunteers, staff, family, friends and CRNA event partners to have fun spending time at wonderfully created events. Sport also encourages a healthy lifestyle and builds self-confidence. Athletes often do better off the field than those who do not participate in sport. They learn goal setting, teamwork and time management skills. Athletes are less likely to use cigarettes, drugs and alcohol; they have higher graduation rates and are more likely to attend college. Unfortunately, sport can also be a high-risk environment for physical and psychological misconduct and trauma, including athlete physical and sexual abuse.

All forms of misconduct are intolerable, unacceptable and in direct conflict with the ideals of Capital Region Nordic Alliance-This-Abled Sports. Misconduct may damage not only an athlete's psychological well-being but their relationships and life journey. Athletes who have been mistreated experience social embarrassment, emotional turmoil, psychological scars, loss of self-esteem with negative impacts on family, friends and social interactions and activities. Misconduct often hurts an athlete's performance and may cause them to drop out of sport entirely.

Capital Region Nordic Alliance-This-Abled Sports is committed to improving the development and safety of athletes and participants involved in the community we serve. Every measure possible will be taken to prevent such occurrences. By aggressively being proactive in fostering healthy mutually beneficial relationships between all in CRNA-TAS programming, it is anticipated that the need to inform any law enforcement agency or other will not be necessary....but the call will be promptly made if there is the slightest inclination of any level of impropriety